

Eye on Evergreen *Conversations with your friends and neighbors*

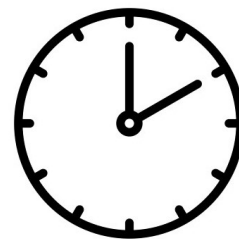
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THIS AND THAT

GOOD NEWS, BAD NEWS

The Good News is that we can enjoy that hour of sleep we lost last spring! Daylight Saving Time ends at 2:00 o'clock Sunday morning, November 3rd. Before going to bed Saturday night, make sure to reset your clocks, especially the alarm clock, one hour back! The Bad News is we will see darkness approaching that hour earlier each day. Time has a way of moving on and we'll be springing forward again next year.



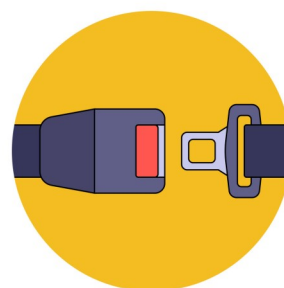
EXERCISE NEWS

If you feel you should exercise but aren't able to make it to one of Evergreen's organized classes, tune in to ETV Channel 955 every morning at 9:30. A new program has been introduced recently – Mindful Movement – hosted by Nick Ayulo, our Fitness Specialist. Many of you already know Nick. For those who don't, here's your opportunity to meet him via TV, and participate in his half hour of mostly chair exercises, working from head to toe. Try it, you might like it!

SAFETY FIRST: SEAT BELTS

In Wisconsin all vehicles must be equipped with safety belts. Drivers and passengers over age four must wear three-point seat belts in front and back seats while in a moving vehicle. Children under four must be in child safety seats; children under one or weighing less than 20 pounds must be in a rear-facing child safety seat. It's the law and drivers or passengers not wearing seat belts can be pulled over and issued a ticket like any other routine traffic violation.

Courtyard residents Tom and Bev Wintheiser can attest to the value of wearing seat belts. This past June 5th they were out for a drive in an Oshkosh neighborhood, going about 25 mph, when they were hit on the side by another car, also going about 25 mph. They were spun around and rolled over upside-down. Thankfully, they were both wearing seat belts and spared any serious injuries other than a lot of heavy bruising, mostly from the seat belts.



Items in the car went flying from the back seat and Tom found himself hanging upside down with an umbrella and a bottle of Heet in his lap. The cell phone you carry could also fly out of reach.

Fortunately, they had paid for and activated On-Star, GM's location help and emergency service. Immediately On-Star knew exactly where they were and notified 911. The On-Star operator stayed in touch with them until the rescue squad arrived.

Thank you, Tom and Bev, for sharing your story and your reminder to PLEASE, even if you're only driving around the block, FASTEN YOUR SEAT BELT!

-Donna L.

A VIEW FROM THE VILLAGE

The Village Ice Cream and Pie Social

On Tuesday August 20th, the Village people and the Homes were treated to an Old-Fashioned Ice Cream and Pie Social in the Behnke at Evergreen. The event was hosted by the 1040 Building which has been in charge of this event for 11-12 years. Asking the hosts why they enjoy hosting the event and the answer was, “We like to bake pies!”

The guests had the following to choose from: Blueberry, Peach, Apple, Pecan, and Black Forest Pies, Root Beer Floats, and Ice Cream Sundaes. Condiments included Strawberries, Nuts, Chocolate Syrup, and Whipped Cream. Coffee and water were also available. About 16 people attended the event enjoying the food and friendship. See the picture of Bill Urbrock waiting to devour his root beer float.



Picture of Hosts:

Grace Beam, Louella Rummel,
Sandy Challoner, Charles Halsey
Not Pictured: Dan Bauman



Delicious Pie!



**Bill Urbrock at
Ice Cream and Pie Social**

Trying a New Place

On Wednesday September 25th, persons from Building 1140 and from the Homes hosted a luncheon at Mr. Brews Taphouse, a fairly-new restaurant on Oshkosh Avenue. Twenty-five persons were offered a choice of many types of burgers, crispy chicken sandwiches, fish tacos, etc. as well as a large assortment of beer and other beverages. Comments were very positive about the food, drink, and hospitality. Take-home boxes were prevalent, as portion sizes were generous. It was nice to try a new eatery close to Evergreen and one which many could walk to. (See pictures).



-Vicki M.

MEET YOUR NEIGHBOR



Have you met Village resident Joan Anthony? She was born in 1939 in South Bend, Indiana. Her father was a physician and her mother, a concert pianist. Joan grew up in South Bend and Racine, Wisconsin, with two younger sisters and a younger brother. In 1957 she graduated from Washington Park High School in Racine. She attended Marquette University, graduating with a Bachelor of Arts degree. She taught first grade in Milwaukee Public Schools for one year, then studied at Northwestern University and received a Master of Arts degree. Joan taught in Marquette's English Department and in 1965 accepted a position in the English Department at The George Washington University in Washington, DC.


In 1970 Joan began a career with the federal government. In 1973, as a director in the US Office of Education, she was responsible for planning and carrying out the Presidential Scholars program, created by Executive Order of President Lyndon Johnson. In 1979 while working at the US Fish and Wildlife Service, she prepared policy positions for US participation at a meeting of countries for an international treaty protecting wild species of animals and plants in international trade. That year, Joan also served on the US delegation to the meeting of the treaty nations in San Jose, Costa Rica. Joan attended night classes at the Columbus School of Law at the Catholic University of America in Washington; she attained her law degree in 1979. She honed her legal skills at the Interior Board of Land Appeals and in 2003 accepted a position as an Administrative Judge in the US Department of Defense, where she served until retirement in 2014.

In 1980 Joan married Robert Armstrong Anthony, a distinguished professor of law at George Mason University in Arlington, Virginia. Son Peter was born in August 1982. Joan is also stepmother of Bob's son Graham, and grandmother of Charlotte and Thomas Anthony. Joan's dear husband Robert died in November 2011. In August 2021 Joan moved here from Warrenton, Virginia, at the invitation of her sister, long time Evergreen resident Susan Lilly. As a relatively new resident of Evergreen and Oshkosh, Joan has found several ways to be of service: she is a regular American Red Cross blood donor; reads with preschoolers at Davis Child Care Center; and takes Holy Communion to Catholics hospitalized at Mercy Ascension. Joan enjoys reading, is an enthusiastic student of French on Duolingo, and has recently completed a book describing her maternal grandparents' life as homesteaders in Montana.



Thank you, Joan, for sharing your interesting story. We look forward to seeing you in the neighborhood.

-Donna L.

Just for Fun: Can you find the "Eye" on Evergreen? In each issue of "Eye On Evergreen," an eye is hidden somewhere. Can you find it?  **Happy Hunting!**

Celebrate 60 ~ A Resident Initiated Project Together with The Evergreen Foundation

Two years ago, residents who are members of the Art Committee and the Grounds Committee, along with the Evergreen Foundation, initiated a potential project to establish a means of incorporating sculptures onto the Evergreen Campus. Besides gracing our grounds with artistry, significant sculptures could be used as a means of establishing Way-Finders, (i.e. landmarks) to help residents, family and visitors navigate their way around campus. These pieces could be funded by residents or families as memorials or honorariums.

On one of our field trips to see an array of outdoor sculptures in Door County, we stopped to see a tree sculpture created by Dave Windey of DePere WI. The tree sits in front of the Egg Harbor Public Library. The tree resonated with us and we thought *“why not kick off this long-term project with the introduction of a keystone work and use it as a way of uniting community and recognizing the upcoming 60th anniversary of Evergreen.”* We invited Dave to come to Evergreen on September 25 to introduce himself and his work, and we introduced our project **“Celebrate 60”**. We were able to present photos and videos of Dave’s trees, forged of metal and aflutter with leaves of material that reflects light and color and that dance in the breeze.

Our project **“Celebrate 60”** will secure the funding for one of Dave Windey’s trees for Evergreen’s campus and in 2027 we hope to dedicate the tree in honor of Evergreen’s 60th anniversary acknowledging everyone who made the project a reality. As a resident funded project, we encourage all residents to contribute.

There is no amount that is too small ~ many hands make light work. Every donor will be recognized on commemorative plaques that will grace the pedestal the tree stands on.

Please join this Evergreen community inspired project, with a pledge or donation to the Evergreen Foundation with your gift marked: **restricted toward the Celebrate 60 sculpture project.**

If you have questions or would like more information, please reach out to Mary Weddig, Sylvia Richards, Bill Urbrock, Dan Baumann, or Vicki Tessmer.



-Vicki Tessmer

Making the Magic: Life Enrichment Team

What do “Supper with the Chef”, concerts in the Arline Sitter W&PAC, smaller musical events in all living areas, the Library, Minding the Manors, *Eye on Evergreen*, Evergreen Singers, Veterans’ Lunch, Learning in Retirement, movies, Ageless Art with Ellen, Fire Table Nights, picnics, Bible study, Vespers, outings, pontoon boat and trishaw rides, imaginative artificial floral arrangements throughout the campus buildings (even the bathrooms!) and at covered entry doors, Manor Mart, scavenger hunts, pet therapy, Christmas parties & decorated trees, crafting, and more have in common? They are all the work of the Life Enrichment (LE) team!

LE team members also serve as helpful liaisons for resident-led activities like Wii bowling, Cookies and Company, and special interest groups, e.g. model train room, Sue Spanbauer’s watercolor classes, woodworking, and “More than a Book Club”.

LE Manager Caitlyn Scott said that her team of ten is a rarity among retirement communities, where teams of two or three members are the norm. She is the only full-time team member. Five staff members work 30 hours per week, and the rest work approximately 25 hours per week. Team members have the flexibility to make their schedules and enter their working hours on a master schedule, so the team knows when they’ll be here. Caitlyn said this is a great selling point when hiring, e.g. for parents working around school hours.



Back Row: Kristin Walker, Ellen Peters, Pam Sengstock, Caitlyn Scott, Christi Feld.

Front Row: Jaci Hufford, Edie Norenberg, Neena Gruse, Kaylee Hennes

Not Pictured: Chaplain Steve Wood

Caitlyn and seven LE Specialists provide activities throughout all levels of care.

Edie Norenberg and newest team member Kristin Walker (meet her in insert) work primarily with Independent Living residents. Edie’s also responsible for the attractive artificial and dried arrangements at building entries. Kaylee Hennes works with events in the Arline Sitter W&PAC and other musical performances, *Eye on Evergreen* and helps with Assisted Living activities. Kaylee also works with Learning in Retirement as a liaison to coordinators and creating the catalog.

Ellen Peters works with residents in the Ageless Art Center Tuesday mornings as well as twice a week with Assisted Living residents and twice a month with both ShareHaven and Creekview residents. Her creativity shines in the artificial and dried floral decorations throughout the building and at doors, assisted by Edie Norenberg. Ellen is also LE liaison to Manor Mart.

Continued on next page...



Neena Gruse and Christi Feld bring a variety of activities and outings to Garden Building residents. Residents in Enhanced Independent Living areas (Garden Place and Garden Terrace) have a weekly lunch social. They can take advantage of special Garden Building activities as well as participating in opportunities for Independent Living – the best of both worlds. Residents in Assisted Living units (Manor View and Garden Heights) enjoy two planned activities daily, outings, pontoon and trishaw rides and a weekly cardio-drumming class. Fitness and Aquatic Center team members conduct “Sit and Be Fit” weekly in those units.

Jaci Hufford brings daily activities to ShareHaven residents along with outings, trishaw and pontoon rides, movie days, parties and musical events twice a month.

Other team members are Volunteer Coordinator Pam Sengstock and Chaplain Steve Wood. Caitlyn said Evergreen has 106 volunteers, resident and non-resident, on whom the LE team heavily relies to carry out the events and activities enjoyed by all. Pastor Steve conducts Bible Study sessions, offers a Grief Support group periodically, conducts Sunday Vespers and special services like Veterans’ Day and holds “Worship in Word and Song” services weekly in Creekview, ShareHaven, Manor View and Garden Heights.

Caitlyn said one of her team, when asked by friends what she does at Evergreen, responds, “I get to play all day”! She added that LE team members genuinely love their jobs, crediting residents’ enjoyment and appreciation for that outcome.

-Alyson Z.

Meet Kristin Walker

Kristin Walker joined Evergreen as a Life Enrichment Specialist the third week of June. She filled the position vacated by Sherri Landig’s retirement. Kristin’s hometown is Manitowoc WI and she has lived in Oshkosh for 28 years. She earned her B.S. and M.S. degrees in education from UW-Oshkosh, and recently retired from a 31-year career teaching Health and Physical Education at the middle school level. She taught mostly at Webster Stanley and then one year at Vel Phillips. Kristin and her husband Paul have been married for 32 years. Their son Zach, 28, works in sales in Minnesota, and daughter Abby, 25, is a radiographer working in MRI at Aurora Oshkosh.

Kristin applied for her current job because it sounded interesting. Kristin said she always liked making opportunities for her students to have fun, and thought it was time for a change to do the same for “big kids”.

While her plate is still filling, she’s charged so far with “Supper with the Chef”, Wii bowling (liaison), More than a Book Club, and veterans’ activities. She’ll be resuming the Saturday Socials once a month beginning in October and is excited to be taking the Veterans group to view the traveling Vietnam Memorial Wall exhibit in October. Like all LE team members, she pitches in to help wherever needed.

When asked if she’d been surprised by anything in her new position, Kristin responded “I’ve been having lots of fun!” Sounds like she’s already discovered the secret behind the LE team’s success.

-Alyson Z.

FLANDERS FIELD



Do you remember, in grade school, reciting the poem “In Flanders Fields” on what was then called Armistice Day (now Veterans Day)? Did you know it was written by Lieutenant Colonel John McCrae, a Canadian soldier and physician? In the spring of 1915, he was inspired to write the poem after witnessing the devastation and loss of life on the battlefields. It paints a picture of the poppies that bloomed amid the graves of fallen soldiers in Flanders, a region in Belgium heavily affected by the war. Each year on November 11th, people from around the world pause to observe a moment of silence and reflect on the sacrifices made by those who served. The red poppy mentioned in the poem has since become an international symbol of remembrance.

-Donna L.

NATIONAL DO NOT CALL REGISTRY

Are you familiar with or aware of the National Do Not Call Registry? It is designed to stop unwanted sales calls from real companies that follow the law. There is no charge to register your home or cell phone, up to three numbers. The Registry is a list that tells registered telemarketers what numbers not to call, but doesn't block calls.

What else doesn't the Registry do? Being on the Registry won't stop calls from scammers making illegal calls. Political, charitable, debt collection, purely informational calls, and surveys are allowed.

If you are interested in registering, call 1-888-382-1222 from the phone you want to register. The automated system will walk you through the process. If you have previously registered, you can verify this also through this system.

If you prefer registering online, search for The National Do Not Call Registry for all the information necessary to register.

If you are bothered by what seems to be endless phone calls, you may want to try the National Do Not Call Registry; even though all calls won't be stopped, it might help.



-Donna L.

What Are You Reading?

Bev Wintheiser and her husband Tom are Courtyard residents, and each is an avid reader.

Bev recently concluded *Remarkably Bright Creatures*, (Van Pelk, Shelby. *Remarkably Bright Creatures*. New York, HarperCollins Publishers, 2022). Bev said the book is part mystery, part intriguing encounter with the natural world in an aquarium. The primary characters are Tova, the woman who cleans the aquarium at night, and Marcellus, a giant octopus for whom Tova has an affinity. The two form a bond. Bev chose to read it at the recommendation of her daughter.



The book immediately grabbed her attention because Tova respected the octopus as she would a person. Tova is dealing with an unresolved personal loss. As Bev explained it, in her loneliness, she had formed relationships with all the live exhibits, bidding each farewell as she went home at shift's end.

Bev thought the writing quality was excellent, adding that it was remarkably well done for a first novel. There was never a dull moment as the story developed. The main character was so well-described the reader felt they really knew her. Tova's relationships with the sea creatures in the exhibits and her relationships with other people were of equal importance to her. Bev found the book engrossing, and recommends it.



Tom is more than halfway through *A Rule Against Murder*, (Penny, Louise. *A Rule Against Murder*. London, Headline Publishing Company, 2008). It is book number four of nineteen in the Inspector Gamache mystery series, although it is atypically set in a location outside of Three Pines, the Canadian village well known to fans of the series. Gamache and his wife are celebrating their anniversary with friends at a manor house turned luxurious inn. Another family – dysfunctional, in Tom's view – gathers in the same location for a reunion. A body is found, and Gamache's holiday takes a very different turn.

Tom has enjoyed other books by Louise Penny, and received this one from their daughter, who bought several Penny mysteries as in-flight entertainment for a recent trip to England.

Tom likes Penny's very detailed style of writing, although occasionally he could do with fewer details. He does recommend the book, however, and looks forward to reading the rest of it and learning "whodunit".

-Alyson Z.

Will you share your recent "good reads" with your Evergreen neighbors? It's easy - email Alyson Zierdt, alyson.zierdt@gmail.com. She'll meet you at a convenient time and place for 15 to 30 minutes, ask four questions about the book, take your photo and it's done! No preparation needed.

COLLECTIONS & TREASURES

GLASS PENDANTS AND ART WORK. A very special display graced the Isom Fireplace Lounge cabinet in September. There were beautiful glass pendants fashioned by residents at a What's Up With Edie session. Jenna Larson, a glass artist, furnished the glass in various shapes and also smaller glass pieces to use as trim. After we figured out what we wanted to put together, we applied a type of glue, and put the bits and pieces on the glass (all done on a paper plate). Jenna took a picture of each one, and then kept them to fire. It is just amazing how each one is so different, and how the look changes with the glazing. It was such fun to do, and another session open to all residents took place in the Behnke on 8/23.

The other part of the display is art created by residents in the art classes led by Life Enrichment Team member Ellen Peters. There is a class each Tuesday 10:00-11:30 in The Ageless Art Center, and the Solarium Art Class meets Tuesday 1:00-2:00 and Thursday 10:00-11:00. There is a wide variety of subject matter, are very well done, and show a lot of talent!

Ellen is an Oshkosh native. She graduated from Lourdes High School, and started her working career at Kentucky Fried Chicken. She then went to Mercy Hospital, where she was a receptionist in the lab, later to the EKG and EEG Depts. Next she moved into respiratory therapy giving treatments. She was with Mercy Hospital for 15 years.



Following that she worked two years at the Post Office and then came to Evergreen, where we have been fortunate to have her for 32 years! Ellen began here as a Unit Clerk, then a secretary, followed by Human Resources, where she hired personnel, and next into the Life Enrichment Team. As part of this team, she keeps very busy creating those gorgeous flower arrangements throughout Evergreen and for special events, her regular art classes, which include residents at Sharehaven and Creekview. She is co-manager of Manor Mart and a member of the Art Committee. She fills in anywhere she is needed, such as Supper with the Chef and getting folks back and forth to programs in the W&PAC.

Ellen has three children: Matt Gehrman, Katie Meyers, (who, incidentally, is the beautician at Evergreen), and Marcia Birkholz. She has five grandchildren (2 girls, 3 boys). All her children worked here at Evergreen over the years. She loves flower gardening, spending time with her kids and grandkids, and getting together with siblings for sheephead card games.

It was such a pleasure to be able to view all these artistic efforts by our residents. For many of us, it was an entirely new area to explore. You never know what you can do until you try, and it's always fun! Many thanks to all of you.

HANDMADE WOODEN BOWLS. In October we have been privileged to have exquisite handmade wooden bowls in the Isom Fireside Lounge Cabinet. They are the creation of Village resident Leon Klatt. He always enjoyed woodworking, even before high school. In his freshman year he took the Industrial Arts Class, learning more about power tools, and how to make and read blueprints. Over the years he made a lot of furniture, including many of the pieces they have in their Village unit. He has been making the bowls since 2008.

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COLLECTIONS & TREASURES cont.

He likes cherry and walnut woods, since they are easy to turn on the lathe. He also has used Norfolk Island Pine, black walnut, sassafras, red oak and mesquite. Leon obtains woods from Woodcraft (Appleton) and Menards here. He will also pick up pieces here and there if he finds them available. He estimates he's made around two dozen bowls, all sizes and shapes. He uses a lathe, a table saw (for which he has made some special jigs), a thickness plane, a drum sander and lots of glue! There are many steps involved in the creation of the bowls, and it takes quite a while to complete a piece. Last Christmas he donated a bowl for the Employee Appreciation Christmas party, and will do the same this year. Whoever receives it will be very lucky! Leon made the comment "God knew what he was doing when He made trees". His bowls will be on display through October.



Leon's parents were dairy farmers near Gillette WI, where he was born, went to grade school and graduated from high school. He attended Wisconsin State College in Oshkosh (now UWO), graduating in 1962, with a major in chemistry and minor in mathematics. He met his wife Gloria Jean (she prefers Jean) in college, and they were married in 1961 as he was starting his senior year.

After graduation he took a job with Dow Chemical in Midland MI as a laboratory technician. He spent a year there and then attended graduate school at UW Madison, where he completed his PHD in 1967, with a major in analytical chemistry and minor in physical chemistry. He next went to Carbondale IL, where he spent two years as Assistant Professor of Chemistry at Southern Illinois University. The University of Georgia in Athens GA recruited him, and he served as Assistant Professor of Chemistry for five years. They next moved to Oak Ridge TN where he worked at Oak Ridge National Laboratory. This institution dates back to the WWII atom bomb project. It is a basic research institution for the U.S. Department of Energy. His work involved instrumentation for chemical analysis of radioactive material. He became a Group Leader in the Chemical Processing Division and managed Dept. of Energy multi-laboratory environmental restoration projects.

After 28 years he retired from ORNL in March 2002. They bought a 5th wheel RV, and within 4 days after he retired, they were off to travel across the country, and traveled extensively for many years. They spent winters in the Rio Grande Valley in Texas at a resort five miles from the Mexican border and the summers in Maine. When they could no longer travel in their RV, they were looking for a retirement community with continuing care. A grandniece told them about Evergreen, and they came here a couple of times to take a tour. They ultimately decided on a Village unit, and they moved here in early March 2019. They have a son Jeff, who lives in Maine. There are two grandchildren Steve and Elizabeth. They also had a daughter Cheryl who passed away at age 32.

Leon, of course, spends time in the wood shop, where he is a monitor—helping anyone with a project, and does maintenance on the various tools. He also attends the Men's Breakfast, enjoys reading and watching baseball, on TV. He goes to exercise sessions and enjoys walking around our beautiful campus. We thank you, Leon, for allowing us to share in your creativity!

-Maureen C.

Campus Notes: Sept./Oct. 2024

As the autumnal Equinox is approaching, Nature is slowing down, preparing for a future year. While the black-eyed Susans and Goldenrods, interspersed with delicate blue asters, form masses of golden clusters at different spots on campus, many other plants are slowing down, forming seed pods to get ready for next Spring. The exuberant yellow bloom everywhere attracts a great variety of pollinators, such as bees, butterflies, and even birds. Observing a goldfinch nipping on Goldenrod pollen was a special treat! Along the shoreline path near the woods an attractive mix of yellow flowers from the daisy family and a variety of pink to purple, tall Joe Pye Weeds make for an attractive display along the river.

The prairie plantings on the berm, especially the ones on the riverside slope, are well established, showing a great diversity of foliage, bloom, and seed production. However, we need to keep a watchful eye for invading species, such as Canada thistles which have a pervasive root system six to ten feet deep, and their blossoms produce millions of wooly seeds! We also need to consider measures to reign in the growth of the black-eyed Susans at the north end of the berm. Although their golden masses provide a cheerful note in the landscape, their unrestrained spread prevents other prairie species from thriving.

As September was progressing, more and more spent leaves kept sailing through the air, rustling under your feet as you walked the trails. Stopping at the Angel, the pile of rocks that sits there among hydrangeas caught my eye. I had noticed it before but had never looked at it very carefully. Now unexpectedly it piqued my interest: there among dried, brownish leaves, the stones presented a surprising array of colors, from white over gray to blue, from charcoal to greenish and reddish. Yet the variety of shapes and intricate patterns on the individual stones were just as striking as their colors. One bluish rock is shaped like a heart, others are graced with veins or spots, indicating an intermingling of various minerals. Contemplating these rocks heightened my awareness of the brevity of life, of the eons of creative forces that reach far beyond our rational comprehension.

Strolling through Evergreen you can find such rock piles at various points on campus. Their presence connects us to the unfathomable past and the unknown future.

-Barbara B.



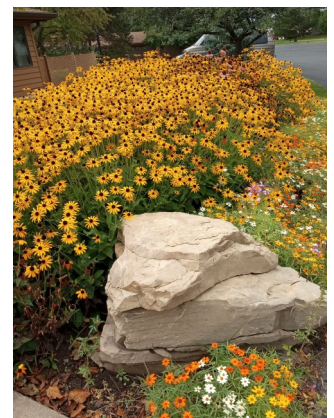
Along River



Rock Pile at Angel



Prairie Island



Black-Eyed Susans