MOMENTS OF IMPACT

Elmer Harvey Learning Lab – was expanded, which will enhance the great Learning new skills care our residents receive.

> The Evergreen Foundation generously approved financial support for the spring 2024 semester of Learning in Retirement (LIR). In January 2024, LIR transitioned its affiliation and administrative support from the UW Oshkosh Division of Online and Continuing

Do!

Education to Evergreen. Learning in Retirement is a member-directed organization that provides lifelong learning opportunities for older adults. Course offerings are designed to enhance the knowledge of those attending and to cultivate partnerships with community organizations and businesses. Evergreen is excited to continue and expand our support of the program that does so much to enrich the lives of Evergreen residents as well as people throughout the Fox Valley.

Information regarding programs and events as well as registration and membership information can be found at www.EvergreenOshkosh.com/lir.

3.140 trips made by Evergreen Transportation in 2023!



Drum for fun & fitness

Stronger together

Working together to strengthen the Evergreen Foundation and expand its reach, we have unlocked endless opportunities for our residents, families, staff and community, and allowed all those who call Evergreen home to grow and thrive in unexpected ways.

> Manor View, part of Evergreen's Assisted Living, recently was updated! The updates include a smart board, t-coil hearing loop, armchairs and room darkening shades for a cinema space, along with microphones and speaker, activity tables, stackable chairs, and a new storage cabinet for the activity area. All were made possible through donations to the Evergreen Foundation!

Because of these updates, Manor View has begun holding Cardio Drumming classes, which are a huge hit! By using a pair

EVERGREEN FOUNDATION SPONSORED SERVICES, PROGRAMS & SPACES

Thank you to our donors who, over the years, have made these projects and more possible!

Ageless Art Center Arline L. Sitter Worship & Performing Arts Center Benevolent Fund Charles R. Behnke Community Center Creekview Café upgrade **Creekview South** Cycling Without Age trishaw bikes Educational plant signage in our native plant berm Elizabeth J. Rasmussen Fitness Center

Elmer Harvey Learning Lab Endowment Fund Dorothy & Robert Isom MD Fireside Lounge & Patio John J. and Ethel D. Keller Pool June F. and A. Thomas Schwalm grounds beautification Landscaping projects and sculptures throughout campus Lester Bettin Woodshop Manor View update Model Train/Hobby Room

Pontoon boat Pool lift Prescott Family Pool Ruth I. Wegner Winter **Concert Series** Sawyer Creek Pier ShareHaven fitness machines ShareHaven water feature The GardenSide Restaurant and Patio Thomas E. Neta Library Transportation vehicles United Methodist water feature

of drumsticks, a fitness ball, and a chair, in which the fitness ball sits, residents are able to exercise while drumming to their favorite music. Cardio Drumming promotes cardiovascular health, can reduce stress and anxiety, increases strength, and improves coordination, motor skills and hand-eye coordination. It is a low-impact workout that people of all ages and fitness levels can do \sim and it's fun.

Residents, family, friends and staff are delighted with the updated Manor View areas.

VOLUNTEERS "Start where you are. Use what you have. Do what you can." ~ Arthur Ashe

23

8

21

33

60

amazing volunteers!

20

20

20 2

WHO CAN VOLUNTEER:

Volunteers come in all ages, with all interests and abilities. Children under 16 must be accompanied by an adult. We welcome family groups and other service groups for one-time opportunities.

GETTING STARTED:

Visit our website at EvergreenOshkosh.com to learn about volunteer options. We want you to enjoy a meaningful volunteer experience. To help us match your interests, we ask all prospective volunteers to complete an application, provide references and complete a background check. Afterward, an interview, orientation and training are provided. Flexible scheduling is available.

VOLUNTEER OPPORTUNITIES:

Manor Mart

- Sort, price and display merchandise
- Cashier and bagging on Wednesdays

Escort Residents in wheelchairs

- Events on campus
- Worship services
- Fitness and aquatic center activities
- Indoor and outdoor walks

Activities and Entertainment

- Share your musical talents
- Give time for puzzles or card games
- Lead craft projects
- Assist with special events
- Bingo

...and many more volunteer opportunities are available!

Total # of Volunteer

Crafts

Hours in 2023