

## STRONGER TOGETHER

## Y Membership Benefits for employees of Evergreen

The Oshkosh Y offers programs and classes for people of all ages and abilities. From pre–school enrichment classes to senior swimming – from team sports to yoga – the entire family can benefit from a Y membership. Evergreen is partnering with the Y to make membership easily accessible and it's a perfect time to make the health of your family and you a priority. **IT'S WHERE YOU BELONG!** 

**BENEFITS OF EXERCISE AT THE Y:** Decreased stress and risk of disease • Increased energy • Improved mental focus • Improved immune system in addition to overall health • Access to amazing state-of-the-art facilities • Over 100 different fitness classes each week • And that's just the start!

Membership Type	FAMILY	SINGLE FAMILY	ADULT AGES 31-64	YOUNG ADULT AGES 19-30
YMCA Monthly Fee*	\$79	\$63	\$55	\$32
Evergreen Contribution	\$16	\$16	\$16	\$16
YMCA Contribution	\$8	\$8	\$8	
Final Monthly Cost to You	\$55	\$39	\$31	\$8

\*2024 Rates

## SPECIAL: Evergreen employees pay NO JOINING FEE!



Visit www.oshkoshymca.org to see all that the Y has for you.

Contact Julie Smith, juliesmith@oshkoshymca.org or 236-3380 - at the Y - to get this benefit.

**OSHKOSH COMMUNITY YMCA** 

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