

# Resident Aquatic Center Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>7:00-9:00</b>	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
<b>9:00-9:45</b>	Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics
<b>9:45-10:30</b>	One-on-One	One-on-One	One-on-One	One-on-One	One-on-One
<b>10:30-12:00</b>	Open Swim		Open Swim		Open Swim
<b>11:15-12:00</b>		Ai Chi		Ai Chi	
<b>12:00-1:00</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>
<b>1:00-1:45</b>	Joints in Motion	Joints in Motion	<b>CLOSED</b>	Joints in Motion	Joints in Motion